



Manchester and District Ladies' Cycling Association

Saturday, 6th July 2019 on the J2/9 course

Ladies Open Handicapped 25 mile Time Trial Round 12 of the M&DTTA Cheshire Courses Points Competition

Promoted for and on behalf of Cycling Time Trials under their rules and regulations.
Handicapped using standard tables

Timekeepers: Jim Williams and Graham Lawrence
Event HQ: Goostrey Village Hall, CW4 8DT (open from 12.30 pm)

First rider off at 2.01 pm

Numbers at the headquarters – riders must sign the signing on sheet when collecting their number and sign off when returning it. Failure to do so will result in that rider being classified as DNF.

Prizes

Fastest	£15	1 st handicap	£12
2 nd	£14	2 nd handicap	£11
3 rd	£13	3 rd handicap	£10
Fastest team of two ladies			£10 each

One rider one prize except team

Certificate to be awarded to fastest Association Vet on standard at the Annual Dinner.

Course: J2/9

START at a JS2 mark in Bomish Lane (Badger Bank to Goostrey road) at telegraph pole no.2 approx. 300yds west of the A535. Proceed east to the A535 and forward on the A535 to :

Chelford Island (2.169 mls) where 2nd exit left onto the A537 to Seven Sisters Lane at:

Ollerton Cross-roads (5.219 mls) where left along the lane to the A50 and left at Twemlow Lane at:

Cranage (11.408 mls) where left into and along the lane to join the A535 at Twemlow Green, left to:

Chelford Island (18.064 mls) where 2nd exit left onto the A537 to Seven Sisters Lane, left along the lane to join the A50, left again to:

FINISH (25.000 mls) at the J2/9 mark opposite the right hand field gate post, opposite and just before the entrance to the Mount Pleasant Nursing Home.

Event Organiser: Mavis Ross, 26 Brook Road, Lymm, Cheshire WA13 9AH (01925 755080)

Weaver Valley CC 25 will follow this event.

IN THE INTERESTS OF YOUR OWN SAFETY,

Cycling Time Trials and the event promoters strongly advise you to wear a HARD SHELL HELMET that meets an internationally accepted safety standard.

In accordance with Regulation 15 ALL JUNIOR competitors must wear Protective Hard Shell Helmets.

It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position visible to following road users and is active whilst the machine is in use.

Order of Start

No	Name	Club	Cat	H.Cap	Standard	Start
1	Alison Stephenson	Congleton CC	V	32:12	1:13:38	2.01
2	Lynsey Astles	Weaver Valley CC	V	20:55	1:12:19	2.02
3	Jan Scotchford	North Lancashire Road Club	V	21:46	1:14:17	2.03
4	Jill Wesley	Macclesfield Wheelers	V	29:23	1:14:31	2.04
5	Emily Martin	Weaver Valley CC		13:31		2.05
6	Kerry Gleave	Congleton CC	V	31:30	1:14:58	2.06
7	Carol Robson	Weaver Valley CC	V	24:59	1:14:17	2.07
8	Lesley Norbury	Congleton CC	V	28:21	1:17:14	2.08
9	Esther Burt	Macclesfield Wheelers		NQT		2.09
10	Sarah Grant	Pro Vision Cycle Clothing		11:11		2.10
11	Nikola Matthews	Halifax Imperial Wheelers		15:54		2.11
12	Lynne Ewington	Velo Karbona	V	20:37	1:14:58	2.12
13	Michelle Fairclough	Salford Cycling Club	V	19:17	1:12:19	2.13
14	Jeanette Barber	Seamons CC	V	20:40	1:16:35	2.14
15	Claire Harrison	Pro Vision Cycle Clothing	V	16:06	1:12:46	2.15
16	Anna Brunt	Seamons CC	V	23:33	1:12:46	2.16
17	Julie Mann	Transition Race Team	V	08:39	1:12:46	2.17

Warnings:

Care at road junctions:

Riders **must** exercise caution at all junctions. Any competitor whose riding line causes her/him to cross the white line when approaching or leaving a junction will be liable to disqualification from the event and may be reported to the District Committee for further disciplinary action.

U turns: Any rider making a U turn in the vicinity of the start or finish will be disqualified. Observers will be used in this event.

Parking: No parking at the start or near the timekeeper at the finish. Do not obstruct or distract the timekeepers.

Chelford Island

Riders must negotiate Chelford Island in a safe and sensible manner in accordance with CTT Reg. 20 and the rules of the road. Riders must be able to brake and stop at the island if traffic conditions require this. Riders **MUST NOT USE** their tri-bars between the first bollard they pass on entering the island and the last bollard they pass leaving it. Any rider seen to be in breach of this regulation will be disqualified from the event and may be reported for further disciplinary action.

Other M&DLCA events 2019 – see CTT website for further details, entries on-line, closing dates 10 days before event.

Course	Date & time	Organiser	Information
J4/16 50 miles	Saturday 3 rd August 14:00	Ian Ross	M&DLCA open championship 50 (in conjunction with M&DTTA championship. All riders should enter the M&DTTA Event)

Each year, the M&DLCA awards several prizes and trophies to members of the M&DLCA and affiliated clubs, these are presented at our annual dinner dance in November. Any event on a '25' or '50' mile 'J' course counts for these trophies, as long as copies of the results sheet and entry form are sent to the M&DLCA BAR Secretary, K. Jackson, but the only counting '10' mile events are those organised by the M&DLCA, **plus, for this year only, the 10 mile event organised by Withington Wheelers on 31st August 2019.** This is because we had to cancel one of our own 10 mile events due to unsafe conditions.

The onus is on the rider to submit, where required, copies of the entry form and results sheet to the M&DLCA BAR Secretary before 1st October of the current season.

Visit our website at <http://www.mdlca.org.uk> for the latest news, results and photos

We also have a [Facebook page](#) for photos and posts, and on Twitter we are @ManDLCA.